

# 2025 RZ CONNECT EVENT CALENDAR

## YOUR WELLNESS-DRIVEN NETWORKING COMMUNITY



### ELEVATE EXCHANGE

*Elevate your vision.  
Align your goals.*

Kick off each quarter by sharing your business vision and goals in a collaborative environment designed to inspire growth, accountability, and mutual support.

Wednesdays, 4:00-6:00pm  
April 23rd  
July 16th  
October 22nd



### EXPAND CONNECTIONS

*Expand your network.  
Build meaningful relationships.*

Engage in dynamic speed networking to connect with like-minded professionals, foster partnerships, and grow your business connections.

Wednesdays, 4pm – 6pm  
May 21st  
August 20th  
November 19th



### EMPOWER HOUR

*Empower your business.  
Learn from the best.*

Gain valuable insights and actionable strategies from industry-leading speakers and expert panelists, empowering you to integrate wellness and innovation into your workplace.

Wednesdays, 4pm – 6pm  
June 18th  
September 17th  
December 17th



## OPEN HOUSE *A Day Of Wellness*

Join us for a FREE Open House event- explore our state-of-the-art wellness center! Enjoy a day dedicated to health, fitness, and relaxation. Open to everyone, including current members!



11:00am - 2:00pm  
Saturday, September 20th, 2025  
5828 Lonetree Blvd. Rocklin, CA

To learn more or to register



## WHY JOIN? —————

**Expand** your network with dynamic professionals

**Elevate** your business with accountability and growth tools

**Empower** your workplace with innovative wellness strategies