

2025 RZ CONNECT EVENT CALENDAR

YOUR WELLNESS-DRIVEN NETWORKING COMMUNITY



ELEVATE EXCHANGE

*Elevate your vision.
Align your goals.*

Kick off each quarter by sharing your business vision and goals in a collaborative environment designed to inspire growth, accountability, and mutual support.

Wednesdays, 4:00-6:00pm



April 23rd
July 16th
October 22nd

EXPAND CONNECTIONS

*Expand your network.
Build meaningful relationships.*

Engage in dynamic speed networking to connect with like-minded professionals, foster partnerships, and grow your business connections.

Wednesdays, 4pm – 6pm



February 19th
May 21st
August 20th
November 19th

EMPOWER HOUR

*Empower your business.
Learn from the best.*

Gain valuable insights and actionable strategies from industry-leading speakers and expert panelists, empowering you to integrate wellness and innovation into your workplace.

Wednesdays, 4pm – 6pm



March 19th
June 18th
September 17th
December 17th

RISE TOGETHER *Enhance Your Wellness. Embrace the Community.*

Celebrate and elevate the health and wellness community featuring local vendors, interactive activities, and exclusive wellness experiences



11:00am - 2:00pm
Saturday, April 26, 2025
Saturday, September 20, 2025

WHY JOIN? _____

- Expand** your network with dynamic professionals
- Elevate** your business with accountability and growth tools
- Empower** your workplace with innovative wellness strategies

To learn more or to register 